

ONE MONTH'S LIVING EXPENSES

APRIL 2017

San Juan del Sur, Nicaragua

Date	Description	Vendor	Category	Córdobas	USD
1-Apr	Waffle with small fruit cup, watermelon juice	Henry's Iguana Bar	Restaurant	200.00	\$6.78
	2 pints of strawberries	Local Vendor	Groceries & Snacks	200.00	\$6.78
	2 small green peppers, 2 carrots, 2 bags M&Ms (49.3 g), nacho chips (150 g), Pringles (67 g), 1 bottle red wine	Pali	Groceries & Snacks	301.19	\$10.21
	Pink Marlin on salad, Filet Mignon with mashed potatoes & broccoli, 1 slice of Banoffee pie, 5 Toñas (C\$910 + C\$130 tip)	The Black Monkey	Restaurant	1,040.00	\$35.25
	1 bottle water (600 ml)	Speakeasy	Restaurant	30.00	\$1.02
	Taxi: City Center to Home	Local Taxi	Vehicle & Transportation	100.00	\$3.39
2-Apr	Entrance fee to Playa Hermosa	Playa Hermosa Ecolodge	Entertainment	70.00	\$2.37
	2 cans Coke Zero, 1 Toña	Playa Hermosa Ecolodge	Groceries & Snacks	160.00	\$5.42
3-Apr	6 bananas	Fruit & vegetable vendor	Groceries & Snacks	10.00	\$0.34
	Mira Dog Food (7.5 kg)	Farmacia Veterinaria "Nadiezhdá"	Pet	820.00	\$27.80
	Ice Tea (300 ml)	Miscelania Sanchez	Groceries & Snacks	19.00	\$0.64
	3 tomatoes, 1 head of broccoli	Fruit & vegetable vendor	Groceries & Snacks	40.00	\$1.36
	2 pack AAA batteries	Miscelania Sanchez	Household Expense	60.00	\$2.03
	2 cans Coca Cola	Uno Gas Station	Groceries & Snacks	30.00	\$1.02
	Diesel for truck	Uno Gas Station	Gasoline	510.00	\$17.29
	1 large avocado	SJDS Central Market	Groceries & Snacks	50.00	\$1.69
	1 can pickled jalapenos (220 g), 1 can corn (286 g), 1 can cream style corn (234 g)	Miscelania Sanchez	Groceries & Snacks	113.00	\$3.83
4-Apr	Monthly Rent Payment: April 2017	Aurora Beachfront Realty	Rent	16,225.00	\$550.00
	Electricity: February 13 - March 16, 2017	Disnorte Dissur	Utilities	485.45	\$16.46

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	Water	Encal	Utilities	323.90	\$10.98
	Satellite TV: February 16 - March 15, 2017	Claro	Utilities	511.22	\$17.33
	Internet: March 1 - 31, 2017	GGNet	Utilities	2,242.50	\$76.02
	Pepper & white wine salami (340 g), 12 pack English muffins, Kraft caramels (311 g)	PriceSmart	Groceries & Snacks	400.00	\$13.56
	Breaded chicken breast with mushroom sauce, rice, french fries & salad, 1 Toña	El Pollito Pescador	Restaurant	400.00	\$13.56
5-Apr	24 Toña (350 ml each)	Local Distributor	Alcohol	772.00	\$26.17
	2 bidones of purified water (5 gallons each), 24 bottles of Coca Cola (354 ml each)	Local Distributor	Groceries & Snacks	260.00	\$8.81
	WD-40 Spray (191 ml)	Miscelania Sanchez	Household Expense	125.00	\$4.24
	1 can black olives (170 g), Italian salad dressing (237 g), dry pasta (150 g)	Miscelania Sanchez	Groceries & Snacks	185.00	\$6.27
	4 beets, 1 bunch parsley, potatoes (1 lb), 3 passion fruit, 3 bananas, chia seeds (0.5 lbs)	SJDS Central Market	Groceries & Snacks	125.00	\$4.24
6-Apr	Tips for 2 complimentary massages	Gaby's Massage Studio & Spa	Health & Beauty	400.00	\$13.56
	Feta cheese (150 g), Butterfinger candy bar, milk (1L)	Miscelania Sanchez	Groceries & Snacks	146.00	\$4.95
	Potatoes (3 lbs), 1 pineapple, 4 bananas, 1 large mango	SJDS Central Market	Groceries & Snacks	115.00	\$3.90
	1 pork pita, 1 chicken pita, 1 Toña	Bar Republika	Restaurant	270.00	\$9.15
8-Apr	1 whole carrot cake, 2 chocolate croissants	Local Bakery	Groceries & Snacks	360.00	\$12.20
9-Apr	1 Toña	Beer Stand	Alcohol	30.00	\$1.02
	2 Jalapeño Bacon Sausages	JuJu Cools	Restaurant	200.00	\$6.78
	Small bag of popcorn, Shaved Ice Treat	Snack Street Stand	Groceries & Snacks	40.00	\$1.36

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	Bottled water (600 ml), Pomegranate iced tea (2.5L), cranberry juice (1L), orange juice (2L), 2 cans Canada Dry Ginger Ale, cottage cheese (310 g), 3 Greek yogurt (150 g each), multigrain cereal (435 g), canned sweet peas (241 g), solid light tuna (142 g), caramel peanuts (80 g)	Miscelania Sanchez	Groceries & Snacks	708.00	\$24.00
	2 whole chickens (8.25 lbs), lean ground beef (1.01 lbs), ground pork (0.69 lbs), boneless skinless chicken breasts (2.35 lbs), pork loin (2.07 lbs), 15 eggs, 4 Gatorade (600 ml each), 1 box macaroni & cheese (200 g), tomato paste (113 g), vegetable oil (800 ml), 2 Ramen noodles, refried beans (227 g), Cheesies (115 g), nacho chips (150 g), Chips Ahoy chocolate chip cookies (114 g), canned corn (240 g), canned mushrooms (184 g), 4 bananas, 1 head of broccoli, 2 green peppers, 2 white onions, 1 red onion, 4 roma tomatoes, 1 jalapeño, 3 carrots, penne pasta (400 g), dish soap (850 g), 1 roll paper towel	Pali	Groceries & Snacks	1,669.26	\$56.59
10-Apr	Home Internet Installation	Wifinic	Utilities	1,475.00	\$50.00
	Internet Service	Wifinic	Utilities	1,475.00	\$50.00
	Mixed Organic Greens (350 grams)	Primaevo Greens	Groceries & Snacks	150.00	\$5.08
	Chocolate croissant	Local Bakery	Groceries & Snacks	30.00	\$1.02
	2 Happy Hour Toñas	El Timón	Alcohol	80.00	\$2.71
	3 Toñas, Serrano ham & manchego cheese sandwich	SJDS Beach Club	Restaurant	400.00	\$13.56
	7 ice cream bars	Eskimo	Groceries & Snacks	99.00	\$3.36
12-Apr	4 pack toilet paper (jumbo rolls), 1 Fresca (355 ml), 1 can Coca Cola (355 ml)	Pali	Groceries & Snacks	68.90	\$2.34

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	1 pretzel bun, 1 whole wheat bun, 1 chocolate almond croissant	Panderia Alemania	Groceries & Snacks	100.00	\$3.39
	1 pineapple, 3 passion fruits, 1 cucumber, 1 head of broccoli, potatoes (1 lb), 5 bananas	SJDS Central Market	Groceries & Snacks	160.00	\$5.42
	1 bottle Moropotente beer, 1 bottle Mytos beer	Express Convenience Store	Alcohol	130.00	\$4.41
13-Apr	12 Heineken	Heineken Tent	Alcohol	440.00	\$14.92
	Fried Chicken (2 pieces), 1 quesillo, 2 small bags popcorn	Food Cart	Restaurant	120.00	\$4.07
	3 Micheladas, 1 Michelada (mix only)	Claro Tent	Alcohol	100.00	\$3.39
	Mixed Organic Greens (350 grams)	Primaevo Greens	Groceries & Snacks	150.00	\$5.08
	3 piece chicken combo with fries, coleslaw & Coca Cola (500 ml)	Tip Top	Restaurant	180.00	\$6.10
14-Apr	Honey (500 g), Sprite (1.25L), small bag of potato chips	Talanguera Pulperia	Groceries & Snacks	169.00	\$5.73
15-Apr	Popcorn chicken combo with Coca Cola (500 ml), 3 piece chicken combo with fries, coleslaw & Coca Cola (500 ml)	Tip Top	Restaurant	376.99	\$12.78
	3 - 36 oz. Draught Toñas	Beer Stand	Alcohol	240.00	\$8.14
	1 Toña (C\$45 + C\$5 tip)	Republika	Alcohol	50.00	\$1.69
	Hamburger & Fries, Buffalo Chicken Wrap & Fries, 1 can Canada Dry ginger ale (355 ml), 2 Toñas (C\$450 + C\$50 tip)	Speakeasy	Restaurant	500.00	\$16.95
16-Apr	5 Toñas (C\$200 + C\$30 tip)	Santos Beach Bar	Alcohol	230.00	\$7.80
	Almond milk (1L), 2% Lactose free milk (1L), Lays Potato Chips (184 g)	Miscelania Sanchez	Groceries & Snacks	225.00	\$7.63
	5 bananas, 1 cucumber, 1 green pepper, 3 tomatoes	SJDS Central Market	Groceries & Snacks	30.00	\$1.02

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17-Apr	2 bottles Soya sauce (148 ml each), purified water (5 gallons)	Talanguera Pulperia	Groceries & Snacks	153.00	\$5.19
	Full Motorcycle Service (Oil change, valve job, etc.)	Jonathan	Vehicle & Transportation	750.00	\$25.42
	Fuel for motorcycle	Uno Gas Station	Gasoline	100.00	\$3.39
	2 donuts	Dia de Los Donuts	Groceries & Snacks	60.00	\$2.03
18-Apr	Buffalo chicken sliders, 1 veggie curry taco, 1 carnita taco, 1 chicken taco, 1 pint draught Victoria, 1 half pint draught Victoria, 1 can ginger ale	SJDS Cerveceria	Restaurant	600.00	\$20.34
	Carrots (0.75 lbs), Butternut squash (1.91 lbs), 1 bottle Cabernet Sauvignon, 4 bars Zest soap, Fanta (600 ml), Corn chips (115 g)	Pali	Groceries & Snacks	260.76	\$8.84
	Haircut (\$40 USD + \$5 USD tip)	Brush Your Hair	Health & Beauty	1,327.50	\$45.00
19-Apr	2 Modelo Especial beer, 1 granola bar (22 g)	Pronto	Mini Vacation	124.00	\$4.20
	6 pack granola bars (22 g each), 1 small bag Yucca chips	Pronto Gas Station & Convenience Store	Mini Vacation	120.00	\$4.07
	Tip for Street Performer	N/A	Mini Vacation	20.00	\$0.68
	Entrance fee x 2	Mirador El Calvario	Mini Vacation	10.00	\$0.34
	2 churrasco steak dinners with salad, rice and French fries, 2 Toñas (C\$627 + C\$33 tip)	El Balcon Restaurant	Mini Vacation	650.00	\$22.03
	2 locally made chocolate bars (10 g each)	El Castillo del Cacao	Mini Vacation	90.00	\$3.05
	2 Toñas (350 ml each)	Super Estrella	Mini Vacation	50.99	\$1.73
	Double espresso, Irish Coffee (with whiskey), cheesecake, nutella banana strawberry crepe (C\$395 + C\$45 tip)	Coffee Shop Barista	Mini Vacation	445.00	\$15.08
20-Apr	Handmade weaved toiletries bag	Telares Indeginas Nicaragua	Mini Vacation	265.50	\$9.00

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Date	Description	Vendor	Category	Córdobas	USD
	Entrance fee x 2	Eco Lodge Cascada Blanca	Mini Vacation	140.00	\$4.75
	Amatriciana pasta, chicken nachos, bottle water (1.5L), 2 Toñas, 2 Victoria Frosts (C\$500 + C\$75 tip)	Eco Lodge Cascada Blanca	Mini Vacation	575.00	\$19.49
21-Apr	Entrance fee x 2	Selva Negra Ecolodge & Coffee Farm	Mini Vacation	400.00	\$13.56
	Cheeseburger with fries, chicken soup, 4 Toñas (C\$561.66 - C\$400 credit that we paid for entrance)	Selva Negra Ecolodge & Coffee Farm	Mini Vacation	161.66	\$5.48
	1 Irish coffee with rum, 1 double espresso	Café Flor de Jinotega	Mini Vacation	80.00	\$2.71
	2 bags coffee beans (400 g each)	Café Flor de Jinotega	Mini Vacation	170.00	\$5.76
	Teriyaki chicken with rice, salad & steamed veggies, chicken coconut curry, 1 Jamaica juice, 3 Toñas (C\$485 + C\$65 tip)	Lunaflor	Mini Vacation	550.00	\$18.64
	2 Toñas	Woods Lounge Bar	Mini Vacation	80.00	\$2.71
	1 slice carrot cake	Coffee Shop Barista	Mini Vacation	150.00	\$5.08
22-Apr	3 nights' accommodations (\$153.06 USD + \$9.50 USD tip for maids)	Maria's Bed & Breakfast	Mini Vacation	4,901.27	\$166.14
	Make Up: Powder foundation (12 g), bronzer (10 g)	Almacen Mi Favorita	Health & Beauty	599.00	\$20.31
	1 bag coffee beans (400 g)	Matagalpa Tours Gift Shop	Mini Vacation	125.00	\$4.24
	Satay chicken with rice & salad, 1/2 rack ribs with mashed potatoes & coleslaw, 1 bottle purified water (600 ml), 2 Toñas	El Camello	Mini Vacation	852.00	\$28.88
	Feta cheese (226 g), 3 bananas, snap peas (1 lb), chocolate covered almonds (72 g), 2 Toñas, 3 pack Venus disposable razors	La Colonia	Groceries & Snacks	463.00	\$15.69

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Date	Description	Vendor	Category	Córdobas	USD
23-Apr	4 Greek yogurt (150 g each), 12 pack flour tortillas (312 g), nacho chips (300 g), cottage cheese (310 g), green salsa (453 g), Chihuahua cheese (400 g), white vinegar (473 ml), sliced almonds (70 g), walnuts (65 g)	Miscelaneous Sanchez	Groceries & Snacks	594.00	\$20.14
	1 roll paper towel, sandwich baggies (50 pack), 9 packets of crackers (26 g each), 6 eggs, nacho chips (150 g), bacon (200 g), cream cheese (210 g), 2 small bunches cilantro, 1 cucumber, carrots (0.98 lbs), 3 limes, 1 red onion (0.17 lbs), 1 loaf of whole wheat bread (530 g), nail polish remover (175 ml)	Pali	Groceries & Snacks	390.35	\$13.23
	1 large head of cabbage, 3 tomatoes	SJDS Central Market	Groceries & Snacks	50.00	\$1.69
24-Apr	Ketchup (400 g), 2 bags trail mix (40 g each), cashews (40 g), potatoes (1.18 lbs), 4 small green peppers, 1 red onion, 1 jalapeño, boneless skinless chicken breasts (2.10 lbs), dish sponge, ginger ale (355 ml)	Pali	Groceries & Snacks	381.74	\$12.94
	Mixed Organic Greens (350 grams)	Primaevo Greens	Groceries & Snacks	150.00	\$5.08
25-Apr	3 Toñas, chips & salsa (C\$133.40 + C\$26.60 tip)	Henry's Iguana Bar	Restaurant	160.00	\$5.42
	1 passion fruit juice, 1 pinolio juice, shredded beef with tajadas, cabbage salad & gallo pinto, BBQ chicken with tajadas, cabbage salad & gallo pinto (C\$240 + C\$20 tip)	Rancho Carlitos	Restaurant	260.00	\$8.81
26-Apr	Cell phone minutes with 2.5 gigs of data and calling minutes; valid for 1 month	Movistar	Utilities	500.00	\$16.95
	1 Toña (C\$40 + C\$10 tip)	Slady Brothers Surf Bar	Alcohol	50.00	\$1.69

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	Small watermelon, butternut squash (2.15 lbs), red onion (0.48 lbs), ginger ale (355 ml), iceberg lettuce, 1 bunch fresh mint, penne pasta (200 g), microwave popcorn (99 g)	Pali	Groceries & Snacks	159.72	\$5.41
27-Apr	Fuel for Truck	Uno Gas Station	Gasoline	500.00	\$16.95
	1 croissant	Local Bakery	Groceries & Snacks	25.00	\$0.85
	1 cantaloupe, 1 pineapple, 1 small papaya, 3 limes, 4 bulbs of garlic	SJDS Central Market	Groceries & Snacks	150.00	\$5.08
	Orange juice (1L), large bag potato chips (200 g), solid white tuna (142 g)	Miscelania Sanchez	Groceries & Snacks	164.00	\$5.56
	Coca cola (354 ml), fresh basil, green onions	Miscelania Sanchez	Groceries & Snacks	97.00	\$3.29
	Sea bass filet (1.15 lbs)	SJDS Fish Market	Groceries & Snacks	150.00	\$5.08
	Mixed Organic Greens (350 grams)	Primaevo Greens	Groceries & Snacks	150.00	\$5.08
	1 double boneless skinless chicken breast	Pali	Groceries & Snacks	77.85	\$2.64
28-Apr	Colgate toothpaste (75 ml), yellow onion (0.37 lb), mayonnaise (200 g), M&Ms, boneless skinless chicken breasts (1.88 lbs), aluminum foil (25 ft), roma tomatoes (0.84 lbs), hot house tomatoes (1.50 lbs), 1 bunch fresh parsley, Pledge furniture polish (432 ml)	Pali	Groceries & Snacks	530.62	\$17.99
	2 Bidones purified water (5 gallons each)	Local Distributor	Groceries & Snacks	120.00	\$4.07
	1 glass wine, 1 glass red wine (C\$200 + C\$30 tip)	G&G Gourmet	Alcohol	230.00	\$7.80
	1 glass red wine (C\$100 + C\$10 tip)	Republika	Alcohol	100.00	\$3.39
29-Apr	Handle for cupboard door	Sinsa	Household Expense	120.21	\$4.07
	1 Whopper Combo, 1 Whopper, 1 Coke Zero	Burger King	Restaurant	355.99	\$12.07

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	1 bottle water (600 ml), 1 bottle water (1L)	Local Pulperia	Groceries & Snacks	35.00	\$1.19
30-Apr	1 month music subscription	Spotify Limited	Entertainment	243.00	\$8.24
	1 dozen limes, 1 head of broccoli	SJDS Central Market	Groceries & Snacks	90.00	\$3.05
	1 can condensed milk, 3 packs graham crackers (180 g each), 4 bananas, 1 cucumber	Pali	Groceries & Snacks	145.35	\$4.93
	Canada Dry ginger ale (355 ml), 1 bottle red wine	Talanguera Pulperia	Alcohol	195.00	\$6.61
				Total	\$1,938.10